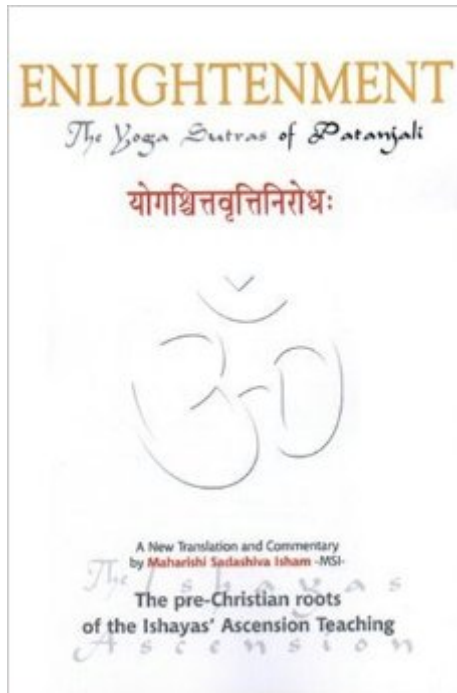


The book was found

Enlightenment! The Yoga Sutras Of Patanjali: A New Translation And Commentary



Synopsis

The Yoga Sutras of Maharshi Patanjali are an elegant description of the expansion of consciousness and the psychological, emotional, and physical transformations involved. Many commentators have mistaken the sutras for steps to enlightenment, believing it necessary to renounce normal life and force the mind into silence. Nothing could be further from the truth. This translation and commentary corrects this unfortunate distortion, clearly revealing the power of the sutras to illuminate the nature of the Self and brings to light the true purpose and meaning of Patanjali's words. The Yoga Sutras do not contain the actual techniques to achieve enlightenment, but do describe what happens when proper tools are correctly applied. The techniques themselves have always been passed on through personal instruction, one enlivened heart to another.

Book Information

Paperback: 349 pages

Publisher: SFA Publications (November 1995)

Language: English

ISBN-10: 0931783178

ISBN-13: 978-0931783173

Product Dimensions: 9.1 x 6.1 x 0.7 inches

Shipping Weight: 15.2 ounces

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (9 customer reviews)

Best Sellers Rank: #1,410,686 in Books (See Top 100 in Books) #67 in [Books > Religion & Spirituality > Hinduism > Sutras](#) #531 in [Books > Religion & Spirituality > Hinduism > Sacred Writings](#) #3093 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga](#)

Customer Reviews

I have read five different translations of Patanjali's yoga sutras so far and I have appreciated all of them. This one is beautifully written and lacks outright erroneous translations or commentaries I have found in some others. Yes, the author mentions some of his other books containing "his" techniques to use, since Patanjali's sutras do not offer any techniques but are more like a compass or roadmap, without telling you what to use as transportation on these roads. I saw that one previous reviewer ranted about "new age pyramid scheme" which I find is an unfair and unfounded accusation against MSI. MSI is giving a high quality translation and commentary and has every right to offer up what he believes will get you there. I have not bought his book called Ascension yet, but having found a compass to the ocean of the soul in the Yoga Sutras, I wouldn't mind finding a

rudder for my boat as well. I'll certainly spend [more] without worrying about a "pyramid scheme". I wonder what that reviewer would say about my Osho books, what with all the ugly media-hype about that guy! But after all, Osho was the one who reverently pointed me to Patanjali in the first place. I read one or two sutras every night before I turn out the light and this book just keeps pointing true north. It will be one of just a few books to be in my suitcase to anywhere. Good luck to all seekers and fellow travelers!

This is that rare translation that gives you insight into the essence of a text. MSI was obviously partial to his (excellent and highly effective) ascension techniques. But this does not intrude on an impartial and manifold interpretation of this marvellous scripture that brings the text to new life. It has the spark that I look for in a translation of an ancient scripture, which I find in Pierre Ryckman's translation of Confucius' *Analogies*, and which I have not found in any translation of Plato so far. When Plato sounds fake and wooden, MSI's Patanjali and Ryckman's Confucius are infused with loving care by their translators that takes the book from the level of a re-recording to a rendition. Those who dislike re-invention may find his take on the Yoga Sutras unkindly, but that would be to do a disservice to the luminous intention to inspire and uplift that this translation represents. I highly recommend this book, the sole published fruits of MSI's scholarly efforts that I know of, and a marvellous translation. For the more downbeat and cultish aspects of MSI's work, plus the Praise Ascension technique he talks about please refer to my review of 'First Thunder'.

This book shows the process of awakening to yourself. From the moment you begin to question who you are and why are you here.. you are shown the steps that occur on your way to enlightenment. Wonderful and easily read. Makes sense for an enlightened person to translate another enlightened person's work!

I gave that book for my husband as his Christmas present from me. He loves to read 2 MSI books. Those books, I think, give him a peaceful and very helpful to understand. Thanks to MSI.

I enjoyed the book. Here's a typical sentence from the book: (Page 7) Instead of being caught by regret for the past or worry for the future, we are free to experience life as it is right now, free from self-defeating beliefs and judgments, free from the limitations imposed by past experience, established in peace and joy.

[Download to continue reading...](#)

Inside the Yoga Sutras: A Comprehensive Sourcebook for the Study & Practice of Patanjali's Yoga Sutras
Yoga Philosophy of Patanjali: Containing His Yoga Aphorisms with Vyasa's Commentary in Sanskrit and a Translation with Annotations Including Many Suggestions for the Practice of Yoga
Glimpses of Raja Yoga: An Introduction to Patanjali's Yoga Sutras (Yoga Wisdom Classics)
Enlightenment! The Yoga Sutras of Patanjali: A New Translation and Commentary The Study And Practice Of Yoga/An Exposition of the Yoga Sutras of Patanjali/Volumell The Yoga-Sutra of Patanjali: A New Translation with Commentary (Shambhala Classics) The Yoga Sutras of Patanjali: A New Edition, Translation, and Commentary Easing into the Bhagavad Gita and Patanjali's Yoga Sutras The Yoga Sutras of Patanjali Light on the Yoga Sutras of Patanjali The Yoga Sutras of Patanjali: The Book of the Spiritual Man The Secret Power of Yoga: A Woman's Guide to the Heart and Spirit of the Yoga Sutras The Yoga Sutras: An Essential Guide to the Heart of Yoga Philosophy How to Know God: The Yoga Aphorisms of Patanjali The "Yoga Sutra of Patanjali": A Biography (Lives of Great Religious Books) Yoga sutra de patanjali The Structure and Meaning of Badarayana's Brahma Sutras: A Translation and Analysis of Adhyaya 1 Siva Sutras: The Yoga of Supreme Identity From Here to Enlightenment: An Introduction to Tsong-kha-pa's Classic Text The Great Treatise of the Stages of the Path to Enlightenment The New American Commentary: 1, 2 Peter, Jude (New American Commentary, 37)

[Dmca](#)